# Jess Cole THE GOOH

This is a closet dram a. This is a googable term. This is a closet drama for now. This is in real-time glitches.This is a work of fragments. This is of parts that suggest a hole. This is taking pl ace here. This is an unknown f igure in a regular bat htub. This is inside the play and just above it. This is a jolting of complacency. This is a space of Audre Lou rde's self-care sold out to neo libs. This is abit like Ayn Rand's virtu e of selfishness. This is all, also, googleable. This is m isappropriation. This r esemblance to actual p ersons, living or dead, o r actual events. This is purely intentional. This is based on a pure lie. This is also the pure terror. This is to be seen with TLC's Unpretty. This is to be p layed on repeat. This use of ((Relaxxx)) in the text signifies a ten second pause. This is I know, U know ((Relaxxx)) This is I no This U K now This is

PROLOGUE

Visions of hell. Algorithms of sanctity. If you can't do great things, do small things in a great way. READ AND BUY. LOOK AND BUY. SEX AND BUY. BREATHE AND BUY. SHOP AND BUY. LIVE AND BUY.

((Relaxxx))

Visions of hell. Algorithms of sanctity. If you can't do great things, do small things in a great way.

> READ AND BUY NOW. LOOK AND BUY NOW. SEX AND BUY NOW. BREATHE AND BUY NOW. SHOP AND BUY NOW. LIVE AND BUY NOW.

#### LIVE AND THEN BUY AND THEN BUY AND THEN BUY AND THEN

Visions of hell. Algorithms of sanctity. If you can't do great things, do small things in a great way.

((Relaxxx))

A(in)side: Mouth opens in a scream but no sound comes from

Visions of

Visions of

2 girls 1 cup

# SCENE 1 trying to get, NO ANSWERZ

Hell			
		Ohhhhh?	
Hello. Hello. Hell-oh. Can you hear me ?			
		Hellyah-lowww can you hear me - now?	
NOW!?			
Hang on		HELLahh- oh	
((Relaxxx))		WAIT a sec	
Weightweightweight can u hearme, uhearme. Can u			Say yes or nothing.
Hell-oh!			
((Relaxxx))			Say yes or nothing.
Hell-oh.	But weightweig	ghtweight.	Say yes or nothing.
	SAY		
Look, can u	LOOK		

Can u

Look.

NO

HELL

lowlowlowlow

## SCENE 2 yeh, Shh-hehe

Shh-hehe. Only Woke because Shh-hehe thought they were drowning. In a very mean culture. Shh-hehe is healing from this culture. Shh-hehe is taking time out.

Of a culture that has always been obsessed with. Shh-hehe wants.

To appear to have disappeared. Shh-hehe wants people. To see this absence as radicool. Shh-hehe wants this act. Cuh-LEAN. Cut. To Shh-hehe taking some. And some more and some more. Days off for more lying. Bathing. More-ing Shh-hehe's own dirt. No work. Nuu(h)ope. Shh-hehe is bathing, re-examining the culture. Shh-hehe wants. A critical viewpoint. From a bathtub of dirty fluids. Shh-hehe is refusing to work. Taking the time, like flies. Stuck in a jar. Shh-hehe in a grubby bath. Shh-hehe listened only once.

2 Deepak Chopra's analogy of flies stuck in a jar:

Take a bunch of flies and put them into a jar, and then put a lid on the jar for a long time. When you eventually take the lid off, only a few pioneer flies will actually have the guts, the balls, to leave the confines of the jar. The rest just keep flying around inside, the rest have made a "premature cognitive commitment" that they are trapped.

This is the critical viewpoint of Shh-hehe, pioneer In taking, taking, taking. A bath. Filthy, Lying. Self

((Relaxxx))

Hell

Say yes or nothing

THING

**SCENE 3 SUB-TEXTS:** WHAT R U ACTUALLY DOIN

HIIII WUU2?

U qd?

Gravity is no more. Everything holding it all done, all together, no longer held in this way. Weightless. Weightless. NO FAT. NO WEIGHT.

LOLZ Wht r u doin?

Less and less. Lessend, floating upwards upwards and curling into the eyelid of the moon.

Maybe. Living by Closing up. Pinky. Inside my eyes - maybe that is maybe no one- haha- has realised- ha- to be curled inside the eyes. Resting inside a purgatory of thought - to be weirdly the periphery. Bliss.

What are you doing??

because it is all still here, no, no, no-thing has changed. The change is supposed to come from inside

What are you doing !! ??

((Relaxxx))

Comes from inside me. YE-tuh I'm supposed to see it-TUH, measure it-TUH, feel it-TUH - huh. Some sort of immaculate conception

Let me in!

but I'm already pregnant with doubt.

Hey, are you ok?

I need to shit now

When will these pains stop, these pains of labour

Get out and let me in

# FFS. I'M HAVING A MOMENT! ANGRY EMOJI x x x

((Relaxxx))

### **INTERLOOP**

LA vision looping		Radical self care - a googled definition (mantra chant)
2 GIRLS 1 CUP 2 GIRLS 1 CUP	1 CUP 2 GIRLS	Be assertive. Make sure you are responsible for
2 GIRLS 1 CUP		you. Take care of you first,
1 CUP 2 GIRLS		always, in any way. Before attempting to take care
1 CUP 2 GIRLS	1 CUP 2 GIRLS	of others. It is absolutely necessary to fill your cup
		first, then to give to others
2:1 CUP		from the overflow.

#### **SCENE 4 SUMS PEOPLE!**

Shittttttt.

Sometimes people are like

Coz caring for thyself is not self-indulgence

TOP 10 tips for self-care: Go to Cancun. And eyes like, can it also be a face mask? Eyes don't understand. Eyes just don't understand.

Cancun or face mask or Cancun or face mask or

eyes don't understand, eyes just don't understand. To re-memberships of

Coz caring for thyself is not self-indulgence.

Eyes, just setting-up and setting sail on the Re-member-ships of Yoga, Meditation, Non-toxic, Gym, Wellness, Retreats, Detox-adjacent, Supplements, 3 day plant-based, Meal plan, Gemstone, Heating pad, Cold-pressed, Juices, Facials, Waxes, Massages, Organic food, Oat Milk, Whole foods, Whole sums

Of mun-knee, mun-knee, mun-knee

Of Eyes don't understand, eyes just don't understand

Coz caring for thyself is not self-indulgence.

It's like shouting into a puddle

dissipated into episodic

commoditised indulgences

soaked up/ in one's own filth.

## **SCENE 5 ON THE SOAPBOXES**

(Track/ambience change: Johnie Frierson Have you been good to yourself| to be played on repeat) (Repetition of the figures' initials with no dialogue, represents an elongated pause, the figures experience a momentary and simple state of self and each other)

*Rub-a-dub dub, ho, rub-a-dub dub, three figures in a tub: Shh-hehe, good Lourde, and randy-Anny. Oh rub-a-dub dub, hooo, rub-a-dub dub.* 

((Relaxxx))

gL- I think you are missing the point.
sH aR gL
aR: Are you sure you're really busy?
sH aR gL
sH- How many times a day do we just throw our words away?
sH aR gL

sH: We say things like 'I hate my thighs', 'I'm so stupid', 'I'm not successful'. But we never think these words bring negative energy into our vibration, our physical level.

sH

aR

gL

sH: Into our water. Like, we are polluting our water with our negativity. We're changing the structure of water. Water molecules behave differently depending on the words expressed around it.

aR: We are polluting the water with our bad words?

gL: a ghast

sH aR

gL

gL: So Flint

sH: Look, Dr.Poxy's(<sup>TM</sup>) new coffee table book. I'm *obsessed*. Dr. Poxy's(<sup>TM</sup>) did this thing and poured pure(<sup>TM</sup>) water into vials labelled with negative phrases like 'H\*\*\*' and 'U\*\*\*'. Then after 24 hours, the water crystalised but was just like g\*\*\*\* and grey and u\*\*\*. Then Dr.Poxy's(<sup>TM</sup>) did the same thing but with polluted(<sup>TM</sup>) water and labelled the vials with 'Love' and 'Joy' and then after 24 hours they produced gleaming DIEmoans(<sup>TM</sup>)

aR: So that's what these labels are; why we are in the situation we are in.

gL: So Flint

sH: Exactly.

gL: This was not the intention. No

aR: This is reasonable. Honestly, if we all had our own water supplies freed from the government. We could do what we liked with our own water and say whatever we wanted, because it will only affect or enhance our own supplies.

gL: Ssss fffss

sH: Yes aR and that is why self-care is so important it's about us as individuals taking and recultivating everything back for the self. No more tax! I am re-investing everything into myself.

((Relaxxx))

gL: No, no, no! This is ridiculous.

sH

aR

gL

aR: To say 'I love you' one must first know how to say the 'I'. The definition of 'I' is an independent, self-sufficient, entity that does not exist for the sake of any other person.

gL: This is!!!

sH aR gL

aR: A person who exists only for the sake of their loved one is nothing. Just a crawling, disgusting, spiritual parasite.

((Relaxxx))

gL: Do you even love or know how to love yourself?

sH aR gL

> *A(in)side:* Hear a socrates squeaks: concern themselves not with their riches, not with their honor, but with themselves and with their souls. Or was it just floorboard creaks.

## A SUDDEN BURST OF LIGHT

good Lourde!

If life throws us lemons, are you supposed to just juice the troubles away? If you are mentally drained? Then do you just fill a bath up of your own water supply and stick labels on it. No. It is not about Cancun or Face Masks, that's just choices in living and levels of privilege. Self-care is an invitation for collective survival, not another way of individualism. *Fostering self and Community shouldn't come at an expense.* 

sH aR gL U I

oh Lourdey!

Jess Cole is a model and writer based in South East London. Her work is deconstruction through exploration via the traditional modes and assumed narratives of storytelling. Presently, this involves an ongoing poetry collection centred around consumption and crafting scripts liberated from the confines of the stage; catalysed into the infinite and interactive potentials of the technology resting at our fingertips.