

The darkness at 4pm floors me every time It's happened twenty-seven times now and it's deeper and starker each time That's the thing about darkness It becomes more distant the longer we live in the light I'm learning I'm not special and this feeling ain't new and it's risky but just let it break you and I know that joy is borrowed nothing's mine I know that the truth changes over time It's true that I do love you and it's true that something's missing It's true that the truth changes over time It's true that I was yours and you were mine and it's true I hardly know you now It's true we tried Is it worthless if it hurts us? And our purpose never surfaced I am nervous, heaven ends

Truth can change

I cycled to South London in rush hour last night
Just to see the lights on Tower Bridge
Just to see how people live
I got to the roundabout in Elephant and Castle
You know the massive one with a building in the middle
Chaos
It makes you feel little

And I thought
if i started screaming
no one would know
If i disappeared the traffic wouldn't slow

Thank god
I'm irrelevant
If I'm nothing
It takes the pressure off of everything

I remember being outside your flat proper dodgy estate playing out On the grass 'ach it's safe enough' you'd say front door wide open You, asleep on the couch in the middle of the day You probably worked all night probably in pain but just tell the kids it's all ok and some guy just walked in and robbed your tele right under your nose You've got to laugh really at the audacity I remember laughing when you were asking me 'Why didn't you stop them?' Like there was anything I could do That's a metaphor really because nothing could have stopped us from losing you The last thing u ever asked me to do was learn how to play that old song Shipbuilding You'd play the drums and I'd sing it You thought my voice was just like his in it The lyrics are mad sad It's about a guy so desperate to buy his kid a bike on his birthday and how he'd work building ships that would take his kids life away Is it worth it?

Diving for dear life
I'm diving for pearls
I'm thriving despite all the will in the world
The world ain't fair when you're poor
The world ain't fair when you're queer
It's funny how much we have in common
It's funny how a force can disappear
I don't need a psych assessment to tell me that I'm grieving
I've been angry for years
you never told me you were leaving
and now you don't know me
You broke my heart so incredibly slowly

I went to a funeral the other day
My dads best mate big Len
U know Len from the pub?
Len who wears a Fall T shirt
Len with the kind eyes
Len with no phone
Len who you can only find if you go to the pub and ask around 'He's normally in around now'

The guys in the pub thought he was clever because he did the crossword every day I thought he was clever because he showed me The Last Waltz by Martin Scorsese and it opened up my world Lifted the lid on limits I didn't know were there Made me want to chase the dreams I didn't know I had yet

He taught me how big the world is
Even though he'd be the first to admit that his was small
A bar stool he hardly left
The same half mile of town he walked

He taught me about looking out for your own and looking out for people who aren't your own too

Everyone said he kept himself to himself because he never married or had kids because he lived in the same bedsit on the Lincoln council estate his whole life

He got the flat when he was 18
Both his parents died and he had a kid brother Rod who was 14
He didn't want the social to take Rod so he kept it all hush hush
Moved Rod into the bedsit and brought him up
Immaculately
Rod had every chance Len never got
Rod did the speech at the funeral
and said he owes his life to Len and owes his life to love

Rod got happy
Got paid
A miracle
And Len stayed
and stayed
Worked packing boxes, told stories
in pubs, did the crossword and prayed

The eulogy said Len was a content man
Never wanted for anything
and someone could have called it sacrifice
if they looked at it wrong
but Len didn't see it like that
He gave everything he had away
never wanted any of it anyway
So no, i don't think he did keep himself to himself
He just gave himself away

Around the time his kidneys started to fail he came over to my Dad's and we watched YouTube videos of Neil Young all night and drank whisky on ice

I was a teenager

and I remember offering him one of my kidneys

He said 'over my dead body'

And I said 'well it will be'

And we laughed

and I was right

He said the way I drink whisky I better hold on to both my kidneys

Just in case

He was right too

I don't drink whisky anymore

I've found new ways to pray

Stillness

Choosing to stay

I still lay down in the light though And think of Len And living the right way

The funeral song was *never lay your head down*, his favourite He could have written it

The song says

Love is a lesson to learn in our time please won't you, please won't you bear it in mind, just for me

and that's it

That's exactly it

because every single person felt that Len had love just for them

Never shared or spread

No compromise

Not a single dry eye and the song says

May you never lay your head down without a hand to hold and that's it too

He held a hundred hands at once

Steadied us all

To never walk alone

The song says

May you never make your bed out in the cold

And I know that if we needed him to he'd have filled that bedsit with us all raised us as his own

What a relief
To have known
The kind of gentle love he showed
Len is where my heart goes
when I think about Home